

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing w/Rick (CH) 3:00- Snack Social 4:00- Couponing 6:00- Aroma therapy	9am- Good Morning 9:30- Greetings 10:00- Monday Trivia 11:00- Exercise 1:00- Soul Soothing Tunes 2:00- Arts & Crafts 3:00- Snack Social 4:30- BINGO 6:00- Gardening Club <small>Labor Day</small>	9am- Good Morning 9:30- Greetings 10:00- Tango Tuesday 11:00- Puzzles 1:00- Group walk &talk 2:00- Sensory Group 3:00- Snack Social 4:30- BINGO 6:00- Movie	9am- Good Morning 9:30- Greetings 10:00- Music & dance 11:00- Arts & Crafts 1:00- Armchair Yoga 2:00- Balloon Toss 3:00- Snack Social 4:30- BINGO 6:00- Veterans's Club	9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- Arts & Crafts 1:00- Group walk & talk 2:00- Memory Lane Game 3:00 Snack Social 4:30 BINGO 6:00 Movie	9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00 Spa Treatment 2:00- ICE CREAM 3:00-Soul Soothing Tunes 4:30- BINGO 6:00- Sensory Activity	9am- Good Morning 9:30- Greetings 10:00- 50s lite rock 11:00- Seated Yoga 1:00- Name that Tune 2:00 Snack social 3:00- High Tea 4:30- BINGO 6:00- Spa Treatment
9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing w/Rick (CH) 3:00- Snack Social 4:00- Couponing 6:00- Aroma therapy HAPPY ASSISTED LIVING WEEK <small>Grandparents Day</small>	9am- Good Morning 9:30- Greetings 10:00- Monday Trivia 11:00- Exercise 1:00- Soul Soothing Tunes 2:00- RUSTY STRINGS 3:00- Snack Social 4:30- BINGO 6:00- Gardening Club	9am- Good Morning 9:30- Greetings 10:00- Tango Tuesday 11:00- Puzzles 1:00- Group walk &talk 2:00- Sensory Group 3:00- Snack Social 4:30- BINGO 6:00- Movie	9am- Good Morning 9:30- Greetings 10:00- Music & dance 11:00- Arts & Crafts 1:00- Armchair Yoga 2:00- Balloon Toss 3:00- Snack Social 4:30- BINGO 6:00- Veterans's Club	9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- Arts & Crafts 1:00- Group walk & talk 2:00- Name That Tune 3:00 Snack Social 4:30 BINGO 6:00 Movie	9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00 Spa Treatment 2:00- ICE CREAM 3:00-Soul Soothing Tunes 4:30- BINGO 6:00- Sensory Activity	9am- Good Morning 9:30- Greetings 10:00- 50s lite rock 11:00- Seated Yoga 1:00- Name that Tune 2:00 Snack social 3:00- High Tea 4:30- BINGO 6:00- Spa Treatment <small>Oktoberfest Begins</small>
9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing w/Rick (CH) 3:00- Snack Social 4:00- Couponing 6:00- Aroma therapy	9am- Good Morning 9:30- Greetings 10:00- Monday Trivia 11:00- Exercise 1:00- Soul Soothing Tunes 2:00- Arts & Crafts 3:00- Snack Social 4:30- BINGO 6:00- Gardening Club	9am- Good Morning 9:30- Greetings 10:00- Tango Tuesday 11:00- Puzzles 1:00- Group walk &talk 2:00- Sensory Group 3:00- Snack Social 4:30- BINGO 6:00- Movie	9am- Good Morning 9:30- Greetings 10:00- Music & dance 11:00- Arts & Crafts 1:00- Armchair Yoga 2:00- Devotions with Chaplain 3:00- Snack Social 4:30- BINGO 6:00- Veterans's Club	9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- MASS 1:00- Group walk & talk 2:00- Memory Lane 3:00 Snack Social 4:30 BINGO 6:00 Movie	9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00 Spa Treatment 2:00- ICE CREAM 3:00-Soul Soothing Tunes 4:30- BINGO 6:00- Sensory Activity	9am- Good Morning 9:30- Greetings 10:00- 50s lite rock 11:00- Seated Yoga 1:00- Name that Tune 2:00 Snack social 3:00- High Tea 4:30- BINGO 6:00- Spa Treatment
9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing w/Rick (CH) 3:00- Snack Social 4:00- Couponing 6:00- Aroma therapy <small>Autumn Begins</small>	9am- Good Morning 9:30- Greetings 10:00- Monday Trivia 11:00- Exercise 1:00- Soul Soothing Tunes 2:00- Who Am I? 3:00- Snack Social 4:30- BINGO 6:00- Gardening Club	9am- Good Morning 9:30- Greetings 10:00- Tango Tuesday 11:00- Puzzles 1:00- Group walk &talk 2:00- Reminiscing 3:00- Snack Social 4:30- BINGO 6:00- Movie	9am- Good Morning 9:30- Greetings 10:00- Tap N' Time 11:00- Arts & Crafts 1:00- Armchair Yoga 2:00- Balloon Toss 3:00- Snack Social 4:30- BINGO 6:00- Veterans's Club	9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- Arts & Crafts 1:00- Group walk & talk 2:00- Name That Tune 3:00 Snack Social 4:30 BINGO 6:00 Movie	9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00 Spa Treatment 2:00- ICE CREAM 3:00-Soul Soothing Tunes 4:30- BINGO 6:00- Sensory Activity	9am- Good Morning 9:30- Greetings 10:00- 50s lite rock 11:00- Seated Yoga 1:00- Name that Tune 2:00 Snack social 3:00- High Tea 4:30- BINGO 6:00- Spa Treatment
9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing w/Rick (CH) 3:00- Snack Social 4:00- Couponing 6:00- Aroma therapy	9am- Good Morning 9:30- Greetings 10:30- Music Speaks 1:00- Soul Soothing Tunes 2:00- Arts & Crafts 3:00- Snack Social 4:30- BINGO 6:00- Gardening Club	 <p style="text-align: center;">SEPTEMBER 2024</p> <p style="text-align: center;">The Loft at Linn</p>				

Activities are subject to change as necessary.