

# November 2024

## The Loft at Linn

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9am- Good Morning <b>3</b>            9:30- Greetings            10:00- Songs of Praise (TV)            11:00- Tea &amp; soothing tunes            1:00- Spa Treatment            2:00-Hymn Sing w/Rick (CH)            3:00- Snack Social            4:00- Reminisce            6:00- Aroma therapy  <small>Daylight Saving Time Ends</small></p>	<p>9am- Good Morning <b>4</b>            9:30- Greetings            10:00- Monday Trivia            11:00- Exercise            1:00- Soul Soothing Tunes            2:00- Rusty Strings            3:00- Snack Social            5:00- BINGO            6:00- Color / Arts n Crafts</p>	<p>9am- Good Morning <b>5</b>            9:30- Greetings            10:00- Tango Tuesday            11:00- Puzzles            1:00- Group walk &amp; talk            2:00- Sensory Group            3:00- Snack Social            5:00- BINGO            6:00- Movie</p>	<p>9am- Good Morning <b>6</b>            9:30- Greetings            10:00- Music &amp; dance            11:00- Fall Arts &amp; Crafts            1:00- Armchair Yoga            2:00- Balloon Toss            3:00- Snack Social            5:00- BINGO            6:00- Storytelling</p>	<p>9am- Good Morning <b>7</b>            9:30- Greetings            10:00- Movin &amp; Groovin            11:00- Arts &amp; Crafts            1:00- Group walk &amp; talk            2:00- Memory Lane Game            3:00 Snack Social            5:00 BINGO            6:00 Movie</p>	<p>9am- Good Morning <b>1</b>            9:30- Greetings            10:00- Exercise            11:00 Paint/ Arts n crafts            1:00- Loft Walk &amp; Dance            2:00- ICE CREAM            3:00-Soul Soothing Tunes            5:00- BINGO            6:00- Sensory Activity  <small>Diwali (Hindu)</small></p>	<p>9am- Good Morning <b>2</b>            9:30- Greetings            10:00- 50s lite rock            11:00- Seated Yoga/ exercise            1:00- Name that Tune            2:00 High Tea            3:00- Snack Social            5:00- BINGO            6:00- Spa Treatment/Aroma</p>
<p>9am- Good Morning <b>10</b>            9:30- Greetings            10:00- Songs of Praise (TV)            11:00- Tea &amp; soothing tunes            1:00- Spa Treatment            2:00-Hymn Sing            3:00- Snack Social            4:00- Reminisce            6:00- Aroma therapy</p>	<p>9am- Good Morning <b>11</b>            9:30- Greetings            10:00- Monday Trivia            11:00- Exercise            1:00- Soul Soothing Tunes            2:00- Arts n crafts            3:00- Snack Social            5:00- BINGO            6:00- Color Activity  <small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9am- Good Morning <b>12</b>            9:30- Greetings            10:00- Tango Tuesday            11:00- Puzzles            1:00- Group walk &amp; talk            2:00- Sensory Group            3:00- Snack Social            5:00- BINGO            6:00- Movie</p>	<p>9am- Good Morning <b>13</b>            9:30- Greetings            10:00- Music &amp; dance            11:00- Fall Arts &amp; Crafts            1:00- Armchair Yoga            2:00- <b>Veteran's Celebration</b>            3:00- Snack Social            5:00- BINGO            6:00- Storytelling</p>	<p>9am- Good Morning <b>14</b>            9:30- Greetings            10:00- Movin &amp; Groovin            11:00- Arts &amp; Crafts            1:00- Group walk &amp; talk            2:00- Memory Lane Game            3:00- Snack Social            5:00 BINGO            6:00 Movie</p>	<p>9am- Good Morning <b>15</b>            9:30- Greetings            10:00- Exercise            11:00 Tea &amp; Paint            1:00 Spa Treatment            2:00- ICE CREAM            3:00-Soul Soothing Tunes            5:00- BINGO            6:00- Sensory Activity</p>	<p>9am- Good Morning <b>16</b>            9:30- Greetings            10:00- Lite music            11:00- Seated Yoga/ exercise            1:00- Name that Tune            2:00 High Tea            3:00- Snack Social            5:00- BINGO            6:00- Spa Treatment/Aroma</p>
<p>9am- Good Morning <b>17</b>            9:30- Greetings            10:00- Communion            11:00- Tea &amp; soothing tunes            1:00- Spa Treatment            2:00-Hymn Sing            3:00- Snack Social            4:00- Reminisce            6:00- Aroma therapy</p>	<p>9am- Good Morning <b>18</b>            9:30- Greetings            10:00- Monday Trivia            11:00- Exercise            1:00- Soul Soothing Tunes            2:00- Arts n crafts            3:00- Snack Social            5:00- BINGO            6:00- Color Activity</p>	<p>9am- Good Morning <b>19</b>            9:30- Greetings            10:00- Tango Tuesday            11:00- Puzzles            1:00- Group walk &amp; talk            2:00- Sensory Group            3:00- Snack Social            5:00- BINGO            6:00- Movie</p>	<p>9am- Good Morning <b>20</b>            9:30- Greetings            10:00- Music &amp; dance            11:00- Fall Arts &amp; Crafts            1:00- Armchair Yoga            2:00- Devotions w/Chaplain            3:00- Snack Social            5:00- BINGO            6:00- Storytelling</p>	<p>9am- Good Morning <b>21</b>            9:30- Greetings            10:00- MASS            11:00- Arts &amp; Crafts            1:00- Group walk &amp; talk            2:00- ENT w/Bombshell Betty            3:00- Snack Social            5:00 BINGO            6:00 Movie</p>	<p>9am- Good Morning <b>22</b>            9:30- Greetings            10:00- Exercise            11:00 Tea &amp; Paint            1:00 Spa Treatment            2:00- ICE CREAM            3:00-Soul Soothing Tunes            5:00- BINGO            6:00- Sensory Activity</p>	<p>9am- Good Morning <b>23</b>            9:30- Greetings            10:00- Lite music            11:00- Seated Yoga/ exercise            1:00- Name that Tune            2:00 High Tea            3:00- Snack Social            5:00- BINGO            6:00- Spa Treatment/Aroma</p>
<p>9am- Good Morning <b>24</b>            9:30- Greetings            10:00- Songs of Praise (TV)            11:00- Tea &amp; soothing tunes            1:00- Spa Treatment            2:00-Hymn Sing            3:00- Snack Social            4:00- Reminisce            6:00- Aroma therapy</p>	<p>9am- Good Morning <b>25</b>            9:30- Greetings            10:00- Music Speaks            11:00- Exercise            1:00- Soul Soothing Tunes            2:00- Arts n crafts            3:00- Snack Social            5:00- BINGO            6:00- Color Activity</p>	<p>9am- Good Morning <b>26</b>            9:30- Greetings            10:00- Tango Tuesday            11:00-Thanksgiving Arts&amp;crafts            1:00- Group walk &amp; talk            2:00- Sensory Group            3:00- Snack Social            5:30- <b>Thanksgiving Family Dinner</b></p>	<p>9am- Good Morning <b>27</b>            9:30- Greetings            10:00- Tap n Time            11:00- Fall Arts &amp; Crafts            1:00- Armchair Yoga            2:00- Balloon Toss            3:00- Snack Social            5:00- BINGO            6:00- Storytelling</p>	<p>9am- Good Morning <b>28</b>            9:30- Greetings            10:00- Movin &amp; Groovin            11:00- Arts &amp; Crafts            1:00- Group walk &amp; talk            2:00- Memory Lane Game            3:00- Snack Social            5:00 BINGO            6:00 Movie  <small>Thanksgiving Day</small></p>	<p>9am- Good Morning <b>29</b>            9:30- Greetings            10:00- Exercise            11:00 Tea &amp; Paint            1:00 Spa Treatment            2:00- ICE CREAM            3:00-Soul Soothing Tunes            5:00- BINGO            6:00- Sensory Activity</p>	<p>9am- Good Morning <b>30</b>            9:30- Greetings            10:00- Lite music            11:00- Seated Yoga/ exercise            1:00- Name that Tune            2:00 High Tea            3:00- Snack Social            5:00- BINGO            6:00- Spa Treatment/Aroma</p>

Activities are subject to change as necessary.