

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2025

The Loft at Linn.

<p>9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing 3:00- Snack Social 6:00- Movie/ Trivia</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00- Soul Soothing Tunes 1:00- Group Walk & Talk 2:00- Rusty Strings 3:00- Snack Social 6:00- Game Night</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Bible Study 11:00- Puzzles 1:00- Group walk & talk 2:00- Sensory Group 3:00- Snack Social 5:00- BINGO 6:00- This or That Game</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- Arts & Crafts 1:00- Group walk & talk 2:00- Memory Lane Game 3:00 Snack Social 5:00 Storytime 6:00 Resident's Choice</p> <p style="text-align: center;">New Year's Day</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00- Arts & Crafts 1:00- Soothing Tunes & craft 3:00- Snack Social 4:00- Adult Coloring 6:00- BINGO/Movie Night</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00- Music & Dance 2:00- ICE CREAM 3:00- Reminisce 5:00- Trivia 6:00- Sensory Activity</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Music requests 11:00- Seated Yoga/ exercise 1:00- Arts & Crafts 2:00 High Tea 3:00- Snack Social 5:00- Fav Winter Activity Talk 6:00- Spa Treatment/Aroma</p>
<p>9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing 3:00- Snack Social 6:00- Movie/ Trivia</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00- Soul Soothing Tunes 1:00- Group Walk & Talk 2:00- Rusty Strings 3:00- Snack Social 6:00- Game Night</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Bible Study 11:00- Puzzles 1:00- Group walk & talk 2:00- Sensory Group 3:00- Snack Social 5:00- BINGO 6:00- This or That Game</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Movin & Groovin 11:00- Arts & Crafts 1:00- Group walk & talk 2:00- Memory Lane Game 3:00 Snack Social 5:00 Storytime 6:00 Resident's Choice</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Music & dance 11:00- Winter Craft 1:00- Armchair Yoga 3:00- Snack Social 5:00- Adult Coloring 6:00- Storytelling</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00- Music & Dance 2:00- ICE CREAM 3:00- Reminisce 5:00- Trivia 6:00- Sensory Activity</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Music requests 11:00- Seated Yoga/ exercise 1:00- Arts & Crafts 2:00 High Tea 3:00- Snack Social 5:00- BINGO 6:00- Spa Treatment/Aroma</p>
<p>9am- Good Morning 9:30- Greetings 10:00- Songs of Praise (TV) 11:00- Tea & soothing tunes 1:00- Spa Treatment 2:00-Hymn Sing 3:00- Snack Social 6:00- Movie/ Trivia</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Monday Trivia 11:00- Exercise 1:00- Group Discussion 2:00- Arts n crafts 3:00- Snack Social 6:00- Color Activity/Trivia</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Tango Tuesday 11:00- Adult Coloring 1:00- Group walk & talk 2:00- El Testa ENT at WG 3:00- Snack Social 6:00- Would you rather</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Music & dance 11:00- Arts & Crafts 1:00- Armchair Yoga 2:00- Devotions w/Chaplain 3:00- Snack Social 6:00- Storytelling</p>	<p>9am- Good Morning 9:30- Greetings 10:00- MASS 11:00- Winter Craft 2:00- Balloon Toss 3:00- Snack Social 5:00- Adult Coloring 6:00- Resident Choice</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Exercise 11:00 Tea & Paint 1:00- Music & Dance 2:00- ICE CREAM 3:00- Aromatherapy & Chats 6:00- Sensory Activity</p>	<p>9am- Good Morning 9:30- Greetings 10:00- Music requests 11:00- Seated Yoga/ exercise 1:00- Arts & Crafts 2:00 High Tea 3:00- Snack Social 5:00- BINGO 6:00- Spa Treatment/Aroma</p>
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Activity Professionals Week

Martin Luther King Jr. Day

Australia Day (Observed)

Chinese New Year (Year of the Snake)

Activities are subject to change as necessary.